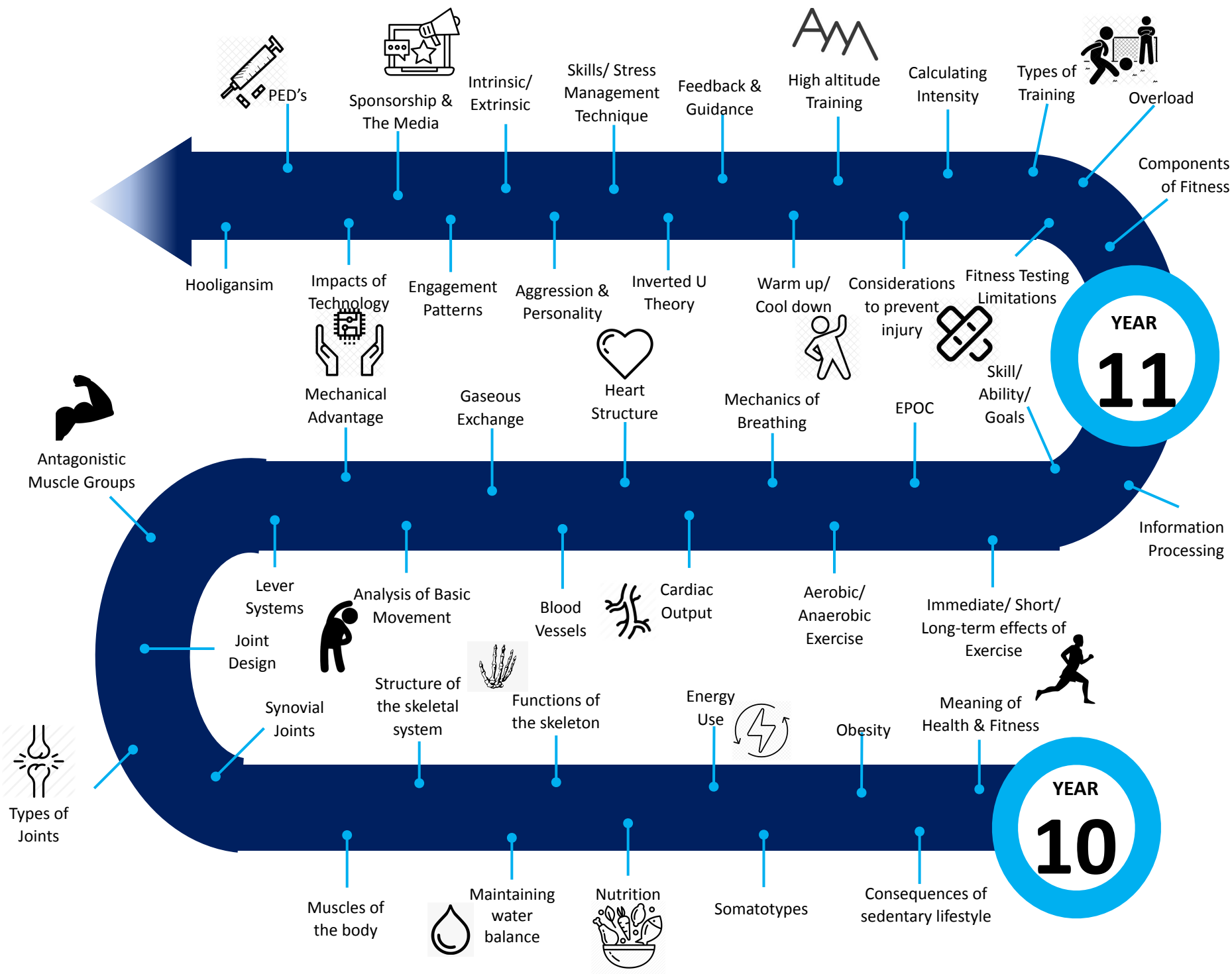The Heights GCSE PE Curriculum Journey