

Outdoor Ed Curriculum - Year 11

Autumn 1 - Kayaking		
Week 1	Queens Park - Lesson emphasis, Introduction to Kayaking, starts. Direct competition/ full context (physical section DofE Bronze)	Full Day
Week 2	Queens Park - Recap on previous sessions. Lesson emphasis, paddling/ strokes. Direct competition/ full context (physical section DofE Bronze)	Full Day
Week 3	Queens Park - Recap on previous sessions. Lesson emphasis, change of pace/ rate. Direct competition/ full context (physical section DofE Bronze)	Full Day
Week 4	Queens Park - Recap on previous sessions. Lesson emphasis, finishes. Direct competition/ full context (physical section DofE Bronze)	Full Day
Week 5	Queens Park - Recap on previous sessions. Lesson emphasis, recovery/ capsizing. Direct competition/ full context (physical section DofE Bronze)	Full Day
Week 6	End of block assessment, feedback to learners on progression and next steps.	Full Day

Autumn 2 - Mountain Biking		
Week 1	Witton Park & Billinge woods - Lesson emphasis, introduction to mountain biking, know your bike. Direct competition/ full context (physical section DofE Bronze)	P2
Week 2	Leeds and Liverpool canal - Recap on previous sessions. Lesson emphasis, braking. Direct competition/ full context (physical section DofE Bronze)	P2
Week 3	Phillips Park trail - Recap on previous sessions. Lesson emphasis, gain overall balance on the bike. Direct competition/ full context (physical section DofE Bronze)	P2
Week 4	Hurstwood & Worsthorne trail - Recap on previous sessions. Lesson emphasis, manoeuvres and cornering. Direct competition/ full context (physical section DofE Bronze)	P2
Week 5	Clayton Vale Trail - Recap on previous sessions. Lesson emphasis, context biking, trail progressions. Direct competition/ full context (physical section DofE Bronze)	Full Day
Week 6	End of block assessment, feedback to learners on progression and next steps.	P2

Spring 1 - Climbing		
Week 1	School Climbing Wall - Lesson emphasis, recap introduction to climbing, equipment safety. Direct competition/ full context g award (physical section DofE Bronze).	P2
Week 2	School Climbing Wall - Recap on previous sessions. Lesson emphasis, rope work (figure of eight) and further safety checks. Direct competition/ full context (physical section DofE Bronze)	P2
Week 3	Awesome walls, Liverpool - Recap on previous sessions. Lesson emphasis, belaying. Direct competition/ full context (physical section DofE Bronze)	P2
Week 4	School Climbing Wall - Recap on previous sessions. Lesson emphasis, traversing. Direct competition/ full context (physical section DofE Bronze)	Full Day
Week 5	School Climbing Wall - Recap on previous sessions. Lesson emphasis, climbing at limit/ overhanging terrain. Direct competition/ full context (physical section DofE Bronze)	P2
Week 6	End of block assessment, feedback to learners on progression and next steps.	P2

Spring 2 - Educational Visits		
Week 1	Imperial War Museum - Lesson emphasis, Learn about history with links to English/ history curriculum (context)	P2
Week 2	Royal Armouries Museum - Recap on previous sessions. Lesson emphasis, different military cultures, discover how arms and armour have shaped society, art, and culture throughout history	Full Day
Week 3	Football Museum - Recap on previous sessions. Lesson emphasis, links to GCSE PE, British culture & values	P2
Week 4	Manchester United Museum & Stadium Tour - Recap on previous sessions. Lesson emphasis, learning history through football, financial aspects linked to maths, careers opportunities in football	Full Day
Week 5	World Museum - Recap on previous sessions. Lesson emphasis, learn about different cultures from around the world	Full Day
Week 6	MOSI - Recap on previous sessions. Lesson emphasis, learning about industry in the UK, links to science, motor vehicle and history	Full Day

Summer 1 - Orienteering/ Map Reading/ Walks		
Week 1	Beacon Fell - Lesson emphasis, Introduction to orienteering / map reading, learn about pacing - complete and find difficult check points (Physical section DofE)	P2
Week 2	Bolton Abbey - Recap on previous sessions. Lesson emphasis, orienteering in area of natural beauty, independent map reading (Physical section DofE)	Full Day
Week 3	Formby Beach - Recap on previous sessions. Lesson emphasis, orienteering/ walking on different terrain, learning distances (Physical section DofE)	P2
Week 4	Holcombe Moor/ Pilgrims Cros - Recap on previous sessions. Lesson emphasis, orienteering without visual feats and aides, using a compass (Physical section DofE)	Full Day
Week 5	Pendle Hill - Recap on previous sessions. Lesson emphasis, difficult route, independent navigation (Physical section DofE)	Full Day
Week 6	End of block assessment, feedback to learners on progression and next steps.	Full Day